

Kinesiology Roadmaps for Graduation
Four Year Degree Plan for Freshmen

Bachelor of Science Degree in Kinesiology –
Option One: Exercise Science and Human
Performance

	Fall		Spring	
	Courses	Units	Courses	Units
Year 1	PHYS 1560 & 1570	3	GE A1 Oral Communication	3
	GE A2 Written Communication	3	PSY 1500	3
	SOC 2010	3	BIOL 2010	4
	MATH 1081 or 1082	3/4	GE C1 Arts	3
	GE E KIN 1500	3	GE A3 Critical Thinking	3
	Total	15/16	Total	16

	Fall		Spring	
	Course	Unit	Course	Unit
Year 2	BIOL 2020	4	Am. Inst. U.S. History	3
	KIN 2500	2	KIN 3650	3
	KIN 2600	3	KIN 3750	3
	KIN 3100	3	GE C2 Humanities	4
	Am. Inst. U.S. Constitution	3	KIN 3350	3
		15	Total	16

	Fall		Spring	
	Course	Unit	Course	Unit
Year 3	KIN 3820	4	KIN 3400	4
	KIN 3600	4	KIN 3700	3
	KIN 3300	3	KIN 4500	3
	KIN 3250	3	KIN 4600	4
	Total	14	Total	14

	Fall		Spring	
	Course	Unit	Course	Unit
Year 4	KIN 4550	3	KIN 4250	3
	KIN 4560	3	KIN 4580	3
	Upper Division GE	3	KIN 4960	3
	KIN 4610	3	Upper Division GE	3
	KIN 4650	4	Upper Division GE	3
		Total	16	Total