

“Tell me About A Time When...”

Answering Behavioral Questions | S.T.A.R Activity

Interview Question: Give me an example of a time you managed numerous responsibilities. How did you handle that?

Incorporate positive language into your answer:

1. **S** = Explain the situation concisely.
2. **T** = What were the tasks to complete?
3. **A** = Incorporate positive language that describe your actions.
4. **R** = Positively describe the outcome of your efforts. Include what did you achieve?

Situation: Describe the event, include: who, what, when, where, why (be concise)	
Task: Provide a brief description	
Action: Describe your approach and the specific actions you took to complete the task.	
Result: Close with the outcome, highlight your accomplishment.	